

If you believe you have an Emergency Medical Condition that does not permit time to contact your Primary Care Physician (PCP), call 911 or go to the nearest emergency room.

After Hours Care Information Sheet for SeaView IPA

How do you access medical care when your PCP office is closed?

All SeaView IPA PCP's have a physician on-call after hours and on weekends/holidays if you have an urgent medical need that cannot wait until the office next opens. If time permits, call your PCP's office number to be connected with the on-call physician. The on-call physician will be able to provide medical advice and instructions about how to manage your condition. If you need urgent or emergency care, the on-call physician will direct you to an Urgent Care Center contracted with SeaView IPA or to an Emergency Room depending on which setting is more appropriate for your medical condition.

What is Urgent Care and when should you use it?

Urgent Care Centers are available for an unexpected illness, injury or condition which may not be an emergency, but which requires prompt relief of pain or diagnosis and treatment, within 24 hours. SeaView IPA's Urgent Care Centers are available for many of the days and hours that your PCP office is closed. Urgent Care facility visits have a lower out of pocket cost to you as compared to emergency room visits. ***Emergency Room copay's are typically at least \$100 more than your copay at an Urgent Care Center or your doctor's office.***

What types of conditions can an Urgent Care Center manage?

Urinary tract infections	Colds or flu, cough
Accidents and falls	Lacerations & cuts
Sprains, pulls, or strains, back & neck pain	Headaches
Ear and sinus infections	Diarrhea, nausea, vomiting, stomach cramps
Skin rashes and infections	Respiratory infections; bronchitis, pneumonia
Eye irritation and redness	Feeling faint or dizzy

What types of services do Urgent Care Centers offer?

X-rays, Laboratory tests, & EKG	Stitches/sutures, Cast/splint application
Strep throat & Influenza testing	Prescriptions, Injections & Respiratory treatments

What is Emergency Room (ER) Care and when should you use it?

A visit to the ER is indicated if you are having sudden severe pain or sudden onset of other symptoms that would cause an average person to feel that a delay in seeking medical help would be hazardous to your life or seriously harm your health, a body part or bodily function. Examples of emergency medical conditions include but are not limited to: chest pain or heart attack; stroke, weakness or numbness on one side; severe burns, bleeding, or pain; head injuries or loss of consciousness; difficulty breathing; possible poisoning; convulsions; or any life threatening or disabling condition.

Please see side 2 for a list of SeaView IPA contracted Urgent Care Centers and their hours of operation.



SEA VIEW IPA

URGENT CARE CENTERS

Please remember to always contact your Primary Care Physician (PCP), if time permits, prior to seeking Urgent Care within our service area. If you are traveling outside of Ventura County you may seek urgent care services at any facility.

CFH Saviers Urgent Care 2921 S Saviers Rd Oxnard, CA 93033-5314 (805) 487-5585 Fax: (805) 487-5589 Mon-Fri 8AM-8PM Sat & Sun 9AM-9PM	Oxnard Airport Urgent Care Center 1555 W Fifth St Ste 180 Oxnard, CA 93030-6563 (805) 985-5599 Fax: (805) 985-2867 Mon-Fri 9AM-6PM Sat 9AM-3PM
CFH Camarillo Urgent Care 422 Arneill Rd Ste A Camarillo, CA 93010-6434 (805) 383-4520 Fax: (805) 383-4511 Mon-Sat 9AM-7PM	West Ventura Urgent Care 133 W Santa Clara St Ventura, CA 93001-2543 (805) 641-5600 Fax: (805) 641-5677 Mon-Fri 9AM-7PM Sat 9AM-5PM, Sun 8AM-1PM
CFH Santa Paula Urgent Care 242 E Harvard Blvd Ste C Santa Paula, CA 93060-3372 (805) 525-9595 Fax: (805) 525-6667 Mon-Sun 9AM-9PM, Holidays 9AM-5PM <i>(Closed New Year's, Christmas and Thanksgiving)</i>	Valley Medical Group Urgent Care 247 W Harvard Blvd Santa Paula, CA 93060-3223 (805) 525-0907 Fax: (866) 402-8906 Mon-Fri 8:30AM-5:30PM
Urgent Care on Main 2660 E Main St Ste 100 Ventura, CA 93003-2893 (805) 667-8750 Fax: (805) 667-8754 Mon-Fri 10AM-8PM Sat, Sun, Holidays 9AM-5PM	

Please save this flyer for future reference.

Smart tip: Take a picture with your cell phone.